

GRAND SPA THERMAL

BRIDES-LES-BAINS - 3 VALLÉES

Your après-ski in Brides-les-Bains

WINTER 2027

December 28th • March 20th





The Largest Thermal Spa in the Alps

2,700m² for a relaxing getaway...

- Hammam, sauna steam rooms
- Jacuzzis, bubble benches, experimental showers, Ice fountain...
- Pool with aquatic course, massage jets, Thermal water walking corridor, and more...
- Herbal Tea

SPA ENTRY

SPA ENTRY • €39/pers.
3pm to 8pm

LATE NIGHT OPENING ENTRY • 39€/pers.
On Thurdays 4pm to 10pm
From January 7 to February 4, 2027

À la Carte Treatments

Access to the Spa included

New
- **Hydromassage**
  15 min • €57
- Affusion massage
  20 min • €64
- Scrub under affusion
  20 min • €64
- Cocoa-Chili Wrap
  20 min • €64
- Spa Thermal Break
  Half-day • €65
  - 1 whirlpool bath
  - 1 jet shower
- Facial treatment SOTHYS PARIS
  100% customized
  50 min • €92
- Body treatment SOTHYS PARIS
  Scrub/Massage
  50 min • €99

Massages • 50 min • €112

Access to the Spa included

- **Indian Serenity Massage**
  Thanks to its enveloping maneuvers inspired by India, this massage invites deep relaxation, calms the mind and contributes to a quality sleep.
- **Chinese Massage**
  Pressure points and deep massages on every meridian of the body to harmonise vital energy
- **Hot Stone Massage**
  Massage combining the enveloping warmth of volcanic stones with gentle, fluid movements to relax the muscles and release tension
- **Californian Massage**
  Also available in 30 min • €75
  Long, fluid massaging movements to induce relaxation
- **Après-ski Massage**
  Also available in 30 min • €75
  Tonic and relaxing massage customizable on requedt by a masseuse.
- **Madérothrapy Massage**
  Also available in 30 min • €75
  Slimming and firming Colombian massage intended to sculpt the body by breaking cellulite using wooden instruments and circulatory maneuvers.

Special Offers • Winter

Après-ski Stay
3 days* • €195

- 1 Après-ski Massage • *30 min*
- 1 wrapping on water bed • *20 min*
- 1 aerojet bath • *15 min*
- 1 jet shower • *8 min*
- Access to the Spa during the 3 days

**Over 3 consecutive days, from Monday to Saturday*

Mountain Spa Retreat
5 days* • €360

- 1 Relaxation Massage • *30 min*
- 1 wrapping on water bed • *20 min*
- 1 aerojet bath • *15 min*
- 2 jet showers • *8 min*
- 1 scrub under affusion • *20 min*
- 1 hydromassage • *20 min*
- Access to the Spa during 5 days

**Over 5 consecutive days, from Monday to Saturday*

USEFUL INFORMATION

OPEN FROM 28.12.2026 TO 20.03.2027
on reservation • *closed on 01.01.2027*

- Monday to Saturday
  3pm to 8pm
- Late night opining
  Thurdays January 7th to February 4th
  4pm to 10pm

For any cancellation notified up to 48 hours before the start of the service, the reservation deposit will be retained

Access to the Grand Spa Thermal from 16+ accompanied by an adult.

Swimwear permitted


swim boker or swim briefs

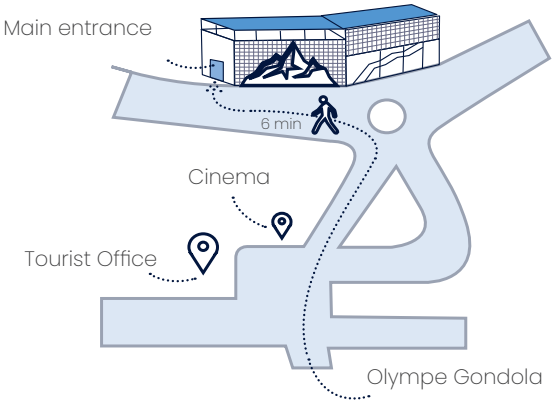

1-piece or 2-piece swimsuit

OPENING HOURS AFTER 21.03.2027
Please refer to « Saison thermale 2027» brochure

CONTACT & RESERVATION

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